



decision self-awareness
 Web 2.0 making wellbeing
 identity



life choices
 confidence
 self-expression



self esteem
 alcohol/
 beer pressure
 units



drink awareness
 facts
 binge drinking



digital/literacy awareness
 life choices
 technology

TEACH - IT
 alcohol awareness

  inspire
  creative
 teaching



Audience

Staff

Numbers

30-40 per session

Duration

1 x half day course

Purpose

The Teach-It Alcohol Awareness course is designed to *stimulate discussion, raise awareness and promote responsible approaches* to alcohol in the community and has been created to support the health and wellbeing curriculum. Staff will be given an overview of the Teach-It Alcohol Awareness course in support of the Teach-It Alcohol Awareness resource pack.

This course will help staff to help pupils:

- Establish a sense of Identity
- Understand motivation and develop goal setting
- Create an environment for the development of informed decision making
- Stimulate discussion on the subject of alcohol
- Explore Alcohol Awareness through 21st Century living and learning

Technologies include:

Audacity
Digital Imaging
Animation
Web 2.0



Intro

A short yet informative introduction designed to build rapport and ease the delegates into the rest of the course.

Identity

This section will help staff to establish a positive base for the rest of the alcohol awareness material by providing pupils with a sense of identity and self worth.

The lesson ideas in this session encourage pupils to talk openly about themselves in a classroom environment and also listen to others providing a format for discussion later in the course.

Motivation

This session will help staff to understand the principles of motivation, explaining both intrinsic and extrinsic motivation as methods of moving ourselves to do and be the very best we can.

Exploring the psychology behind motivation staff will discover the importance of self-motivation and it's uses in relation to their pupils and alcohol awareness.

Decision Making

The work in this session will help staff to encourage decision making and promote good decision making skills.

Simple decision making is a concept we hope all children will grasp as their life unfolds. Good, informed decision making is at the heart of a confident individual and highlights a level of self-worth that will aid in any good or bad situation.

Alcohol Awareness Videos

Throughout this session pupils will see a series of alcohol awareness themed videos and will be encouraged to discuss and debate a wide variety of points made.

Open discussion, healthy debate and collaborative work are facilitated to get the best from this session.



Media and Web 2.0

In this final session pupils will use a wide variety of media and web 2.0 applications to create resources that reinforce the learning throughout the course:

- Audio recording alcohol awareness messages using Audacity
- Presentation creation using Powerpoint/Prezi
- Analysing alcohol awareness texts using Wordle
- Animation using GoAnimate
- Comics
- Positive peer messages
- Poster creation with digital imaging

Pupils will end the course with a portfolio of alcohol awareness related work to support their health and wellbeing curriculum beyond.

Questions

An opportunity for the pupils to question the course leader on any aspect of the days events.





Requirements

Due to the very nature of this course there are a number of requirements that must be met in order that the training can be carried out as effectively as possible.

Equipment

- Computer Suite (delegates sharing computers where necessary)
- Projector
- Interactive whiteboard (where possible)
- Internet Access (wireless if possible)
- Audacity
- Latest versions of Flash and Java
- Flipchart/whiteboard and pens

Websites

This course uses a wide range of websites which may not be available in your school. We would ask that you have them checked and, where necessary unblocked for the purposes of the day.

All websites listed are used by most education authorities across the UK. Do Be promote *Internet Safety* and *Responsible Use* when dealing with the web.

- <http://www.wordle.net>
 - <http://www.classtools.net>
 - <http://www.goanimate.com> or <http://domo.goanimate.com>
 - <http://www.glogster.com>
 - <http://www.voki.com>
 - <http://www.prezi.com>
- Powerpoint

